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LCA Accepts 10 New Members

Cupid sure aimed those arrows in the right direction when we called on him for assistance in increasing our membership rolls. His arrows touched the hearts of parents and grandparents and as a result, we accepted 10 new members into the Lithuanian Catholic Alliance Fraternal Family.

John and Mary Kozerski became great-great grandparents on February 21, 1995 with the birth of Andrew Gavin Morrison, Tunkhannock, PA and were then blessed with a great-granddaughter, Amy Elizabeth Kozerski, born in Edgewood, Kentucky, the very next day, February 22, 1995. Both children were enrolled by John and Mary and accepted into Lodge 212, Plains, PA where John Kozerski serves as secretary.

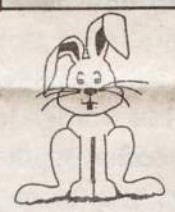
Amy is the first girl for Bruce and Beth Ann Kozerski who have two sons, Matthew, who will be seven in June and Adam who celebrated his first birthday March 8. Both children are members of Lodge 212.

Augustinas-Saulius Gecas was born in St. Petersburg Beach, FL, January 11, 1995 and was enrolled by his grandfather, Bronius V. Krokys and accepted into Lodge 222.

The following new members were recruited by George Sadauckas: Donna Marie Swetz, Edward M. Swetz, Mary Beth Kudrich, Lisa Marie Walsh, Sandra Ann Kelly, Jonathan M. Tugend and Matthew M. Buehlmann.



Pictured below are Matthew Kozerski and his baby brother Adam. To the left is pictured the newest arrival to the family, newborn, Amy Kozerski.



Matthew Buehlmann of Marilla, NY, was enrolled by his father, Michael Buehlmann and accepted into Lodge 155.

Jonathan Tugend of Scranton, PA was enrolled by his grandfather, Gerald Davies and accepted into Lodge 155.

Donna Marie and Edward Swetz, Mary Beth Kudrich, Lisa Marie Walsh and Sandra Kelly all of Scranton, PA were enrolled by their parents, Mr. and Mrs. Daniel Swetz.

All five were accepted into Lodge 155 by George Sadauckas who serves as Lodge secretary.

John Ryan Pehanich, who is already a member of the alliance, was given the gift of another policy by his grandmother, Mary Pehanich. John Ryan is a member of Lodge 83.

If Cupid could do such a good job for us, just imagine what the Easter Bunny could pull off!

Join Peter Rabbit and start hopping around amongst the family to find out who you could interest in "big coverage" for "little bucks."

This is convention year so start signing up those new recruits now and have them entered as part of the Alliance family to be recognized at the convention.

Remember, for just \$106 you can sign up a new baby who will receive \$2,000 coverage for life with absolutely no more payments required.

Simply fill in the coupon on page 8 and leave the rest to us.

Florence Eckert - Laughter versus joy

Just recently a gentlemen said to me, "as we get older, we tend to laugh a lot less and look at everything in a serious manner." I had not heard that said before and gave it some very deep thought.

Perhaps there's a lot of truth to what he said, but then, what is laughter, what brings it on, and what purpose does it serve?

The soldiers at the crucifixion laughed at Christ as they mocked and scourged Him. Those behind bars and in mental institutions laugh on occasion. School children laugh in groups as they poke fun at the manner or dress of another child.

Is laughter really an expression of joy? Do we honestly believe the children are happy because their playmate can't afford pretty clothes or because he suffers some kind of an impairment?

Have you ever looked into the eyes of a hopelessly insane person while they were looking back at you laughing hysterically? Did it appear to you that he was especially happy? How about the soldiers who laughed at Christ? Do you think it's normal to really enjoy yourself by torturing another human being? Would you be capable of this kind of behavior?

Taking all this into perspective, perhaps the easy-going laughter as we know it, isn't the real expression of joy after all. No one seems to be sure what really triggers laughter.

From the moment we're born, we begin to express laughter. A

tiny baby smiles, coos, and as soon as it is able to utter sounds, laughs when it is played with. What would be the reason for laughing less at any stage in our lives?

If laughter is an expression of joy, then Easter Sunday calls for continuous laughter from morning until night, for on this day we really have reason to rejoice. However, I'm inclined to believe that true joy is not accompanied by laughter, but rather more often follows deep sorrow.

A mother accompanies her small son to the hospital in the community ambulance after he is struck by a speeding motorist. For weeks he lies unconscious as she sadly sits alongside that still form, watching closely for any sign of awareness.

Then after 72 agonizing days and nights, she notices him move his hand and she hears him utter a sound.

The joy felt by this woman cannot be explained in words. It is deeper than the ocean's depth, and instead of a loud belly laugh, you hear a soft whimper as tears of joy overcome her. Is she happy? I'm sure she is, yet, there was no laughter to show her happiness.

A few years ago some Americans were held prisoners by a hostile nation. When they were finally released, television afforded us the opportunity to view their reunion with their loved ones. How many stood laughing and how many did you see embrace each other in tears? They had suffered true sorrow at the uncertainty of the safety of

their loved ones. The sorrow they experienced ended in great joy, but true joy need not be accompanied by laughter.

Today, the Christians of the world celebrate Easter, the true season of joy! "He is risen," is read in newspapers, seen on the television screens and proclaimed from the pulpits. It is a day for Christians to rejoice, for the son of God has triumphed over death and has given new life and hope to the world.

Will there be laughter today? Perhaps - but the laughter will be in the hearts of the little ones as they find the chocolate rabbits and colored eggs. Can their little minds really absorb the true meaning of this day and are they experiencing the real joy? Hardly - nor is it necessary, for if only we had the pure innocence of these little children there would be no Easter, since

Good Friday would never have been needed.

Seeing that we are able to experience the joy of Easter without accompanying laughter, we begin to realize that laughter is not necessarily an expression of joy but rather one of amusement.

The soldiers were sadistically amused at torturing Christ, and the children were amused at the funny dress and manner of one of their playmates.

Perhaps this explains why older folks tend to laugh less. Maturity brings realization of the nature of things, and we no longer find them amusing but rather sad in many instances. Laughing less is not a sign of enjoying oneself any less.

In Easter we find all our sorrows removed as we experience a new kind of life - a new hope. In laughter we may find medicine but in joy we find a cure.

May the true joy of this Easter Season be felt by you and yours.

Bishop

from page 4)

At the close of the ceremony, Cardinal O'Connor offered a few jovial remarks regarding his encounter with the new Bishop when he served as Chancellor of the Diocese.

On a more serious note, he said that preceding the ceremony he was asked by a member of the media why he thought Msgr. Dougherty should be a bishop and he replied, "He is as fine a priest as I've ever met anywhere in the entire world." This statement brought a prolonged standing ovation from the assembly.

Continuing on, the Cardinal said, "This is not a man who speaks of the poor. This is a man who loves the poor, who gives everything he has to the poor, who pours out his life for the poor, who was practicing the so-called preferential option for



Former Governor Robert P. Casey, who appeared to be in the best of health, attended the ordination rite with his wife, Ellen. They are seen joining with the assembly in applause as Monsignor Dougherty enters the cathedral for his ordination.

the poor long before the term was ever used. Here is a holy priest."

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Time for Mercy

A Movie You Can't Afford to Miss

"What does history reveal to us?"

This is a question raised by Emmy-Award nominated actor, Joe Campanella in the opening lines of a new film, "Time for Mercy" released by the Marians of the Immaculate Conception.

Nearly two years in the making, "Time for Mercy" was filmed on location sites across the world.

Combining documentary and narrative scenarios, "Time for Mercy" takes an unflinching look at the signs of the times today. Viewers are invited to ponder the lessons of history, ancient and modern, and to recall the great biblical stories of God's mercy, such as Noah's Ark.

Capturing the viewer's interest, veteran stage actor Joe Campanella slowly leads you through periods of history that need no explanation, then on to our present times where man is so blinded by sin that no explanation is comprehended.

Has man learned from his past mistakes, or ignoring them is he bound to repeat them? The film afford you the opportunity to learn and decide for yourself.

"Time for Mercy" takes us step by step through the tragic mistakes of the past, bringing us up to the dangerous path on which we are traveling today.

The viewer is shown some very vivid scenes in past history which too often parallel some of the alarming scenes of today.

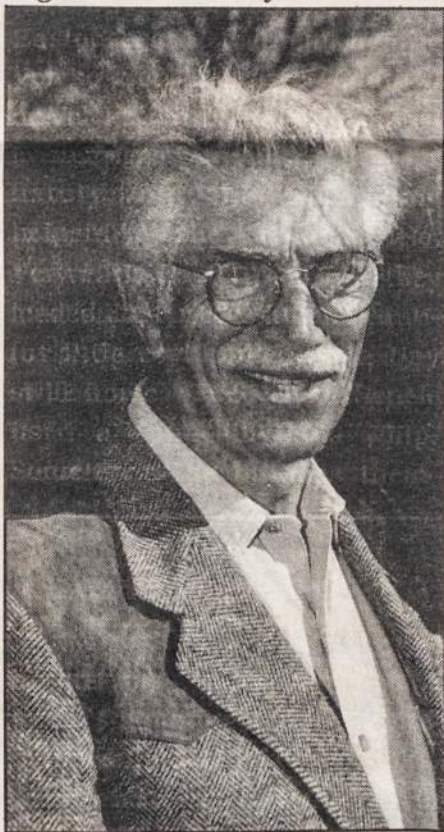
In spite of the consequences suffered in the past, it appears man has not learned and continues to travel in a direction leading to his own destruction.

Scenes depicting Noah being ridiculed as he labors tirelessly building the ark bring to mind

similar scenes where pro-lifers are ridiculed and mocked when they pray for an end to abortion.

Campanella's tone and delivery set the mood for the seriousness of the message without a preaching attitude. He notes that throughout human history, whenever a social or moral crisis develops, God intervenes sending visionaries and prophets to assist us.

The people of Ninevah were warned, and heeding the warning were spared, while on the other hand those of Sodom and Gomorrah ignored God's warning and were destroyed.



Emmy
Award-nominated actor,
Joe Campanella
Photo by Maciej P. Talar

"Time for Mercy" centers on one of today's modern prophets, Sister M. Faustina Kowalski of Poland to whom the mission of Divine Mercy was revealed.

The film brings to light other visionaries such as the children

of Fatima who received a message in 1917 containing a warning and a promise.

Just two decades following the Fatima visions, at a time when Hitler was rising to power, Jesus came to Faustina in Poland. He called on her to proclaim to the world God's unfathomable mercy and prepare the world for His second coming.

He told her He does not want to punish, He desires to heal, and He punishes only when mankind forces Him to do so.

Jesus told Sister Faustina: My mercy is so great that no mind, be it human or angelic, will be able to fathom it throughout all eternity.

Sister Faustina died in 1938 and was beatified in 1993. At her beatification in Rome, Pope John Paul II stated, "I salute you Sister Faustina. Beginning today, the church calls you Blessed."

Since the beginning of salvation, man has struggled between good and evil and continues to do so not learning from the past.

"Time for Mercy" brings all this to light and leaves the viewer decide his own destiny. If the messages of modern day visionaries are ignored, mankind's destiny may very well be decided for him.

Mr. Campanella serves as a Eucharistic Minister in his home parish of St. Charles Borromeo in North Hollywood, CA. He donated his services for the hour-long film "Time for Mercy."

Appearing to Sister Faustina, Jesus told her to have an image painted according to the pattern she was seeing and have inscribed on the painting, "Jesus I



trust in you." She was told that souls venerating the image would not perish. Jesus told Sister Faustina the pale rays coming from His heart stand for the water which makes souls righteous and the red rays stand for the Blood which is the life of souls.

Our Lord requested that a "Feast of Mercy" be officially established in the Church to be celebrated with great solemnity on the first Sunday after Easter. Having been to Confession, the soul that will receive Holy Communion on that day shall obtain complete forgiveness of sins and punishment, even though its sins be as scarlet.

A nine-day Novena beginning on Good Friday and ending on the Feast of Divine Mercy can be obtained by writing Marian Helpers, Stockbridge, MA 01263 Phone: 1-800-462-7426.

To receive your own copy of "Time for Mercy" send \$24.95 plus \$2.50 for shipping and handling to: Marian Helpers, Stockbridge, MA 01263.

Scranton Diocese has new Auxiliary Bishop

by Florence Eckert

St. Peter's Cathedral in Scranton, PA was filled to capacity Tuesday, March 7, for the Episcopal Ordination of Reverend Monsignor John M. Dougherty, Vicar General of the Diocese of Scranton.

The Principal Celebrator and Consecrator was His Excellency The Most Reverend James C. Timlin, D.D., Bishop of Scranton.

Concelebrants and Consecrators were His Excellency The Most Reverend J. Carroll McCormick, D.D., former Bishop of Scranton; His Excellency The Most Reverend Francis X. DiLorenzo, D.D., Bishop of Honolulu and the Attending Bishops.

In attendance was His Eminence Anthony Cardinal Bevilacqua, Archbishop of Philadelphia and His Eminence John Cardinal O'Connor, Archbishop of New York.

Crowds lined the street hours before the ceremony began and police had the area closed to traffic to allow well over 200 diocesan and religious clergy to line up for procession into the cathedral.

The ceremony opened with the presentation of the Bishop-elect to Bishop Timlin to be ordained for service as Bishop. His Excellency, Bishop Timlin, then called for the reading of the Mandate from the Holy Father, calling the new Bishop to this office. The people showed their acceptance and approval of the appointment with the response, "Thanks be to God."

Addressing the assembly, Bishop Timlin said, "Let us consider carefully the position in the church to which our brother John is about to be raised." He noted how Christ, who was sent by the Father to redeem us, in turn sent 12 Apostles to preach the Gospel. "Because this service was to continue to the end of

time," he said, "the Apostles selected others to help them."

Bishop Timlin pointed out that the Apostles handed down the gift of the Holy Spirit, which they themselves had received from Christ and which now would be handed down to the new bishop.



**His Eminence
John Cardinal O'Connor
Archbishop of New York**

Before the laying on of hands, Bishop Timlin read several resolutions as a part of the ceremony one of which read, "Are you resolved to be faithful in your obedience to the successor of the Apostle Peter?" to which Bishop-Designate Dougherty replied, "I am."

While Monsignor Dougherty lay prostrate before the altar, the entire assembly prayed the Litany of the Saints.

The high-point of the ceremony, takes place in the laying on of hands on the bishop-elect by Bishop Timlin, conferring the power of the Holy Spirit.

The Book of the Gospels is held over the head of the bishop-elect reminding him that one of his

primary responsibilities is to preach the Good News.

As part of the rite, the head of Bishop Dougherty is anointed with holy oil. The ring, mitre and pastoral staff are presented him as symbols of his office and signifying his responsibility to watch over and lead those entrusted to his care.

In presenting these three symbols, Bishop Timlin said, "Take this ring, the seal of your fidelity, with faith and love, protect the Bride of God, His Holy Church. Take this staff as a sign of your Pastoral office. Keep watch over the whole flock in which the Holy spirit has appointed you to shepherd the Church of God."

The ceremony concluded with the kiss of peace and the new Bishop was led through the congregation to bless the people he will serve.



**Lithuanian Catholic
Alliance Vice-president
John Pocius and wife
Eleanor attended the
ordination**

In his brief remarks, Bishop Dougherty offered gratitude to the Holy Father and to all who witnessed the ordination. He spoke of his confidence in the Lord by recalling a prayer from



**Pictured above, Bishop
Dougherty greets the
assembly following his
ordination. With him are
the two priests, Fr.
James Paisley and Fr.
Paul Leonard, who
served at St. Patrick's
with him and now had
the honor of serving as
Chaplains at his ordina-
tion.**

the Mass in which Jesus addressed His Apostles: Peace I leave with you, my peace I give to you. Look not on my sins, my inability to worthily give thanks to you, but upon the faith of your church, the faith of your priestly people, a chosen race, a holy nation, a people set apart, to whom I belong and with whom I here stand, and accept the thanks we offer you for your priesthood and ours while granting us the peace and unity of your kingdom where you live and reign with the Father and the Holy Spirit forever and ever. Amen

(Continued on page 2)

Our Mother - An Old-Fashioned Lithuanian

We had a real old-fashioned Mother
 She was really like no other,
 She taught us to work and be thrifty
 It wasn't very hard when money was "if-y."
 So we worked and raised chickens;
 they squabbled a lot and squawked like the dickens,
 Because they were headed for stew in the kitchen.
 And the eggs made crepes;
 They were really pancakes brought up to date.
 Then there were cows and their heifers;
 Bessie, Cherry, Daisy, and even Emma.
 They all came runnin when we'd start calling.
 All had nice rich milk, except poor Emma.
 She was the black spotted one, born much too soon.
 If you had her now, she'd be a dieter's boon.
 Then there were geese and ducks, which we plucked
 to make soft pillows, but they ran out of luck!
 Poor geese and ducks, they ended up roasted;
 With homemade brew, they were toasted.
 So back to business we had to go,
 and do it all over again.
 Mustn't forget the pigs that we fed
 Until one day their blood ran red.
 Sausage we had and plenty of ham;
 Good enough for any man.
 Time to garden; time to hay,
 Pile the hay loft so it'd stay.
 clean the barns, and then to play,
 Throwing horseshoes by the barn
 While watching cows feed without harm.
 Only if you had done it, can you relate
 Why you are, what you are to date.
 Time to quit reminiscing.
 I'm sure a lot more is missing.
 So I'll just head for bed. By now, you'll have this read.

Anna Parnarauskis Milewski

Special letter from Bill Shepard

Editors note:

Betty Sherksnas of Harveys Lake, PA received a very special letter from her cousin, Bill Shepard, who asked that she share the letter with LCA members through Garsas.

I find the letter too personal to print in its entirety so I am just going to express some of the beautiful thoughts contained therein.

Bill writes: "It seems today you have people complaining about everything all the time. Well, I've never been one to com-

plain (except about the Indians and the Browns), and I'm not going to start now. I've had a good life, a long life, and I've enjoyed most every bit of it. I've enjoyed good health, both mentally and physically, for 90 years. How many people can say that!

But things change. Over the past couple of months, my health has failed. I still have my wits, but my strength is gone."

Bill goes on to say that he is bedridden most of the time and is writing to tell his friends and

Catherine Kizis Kvetkas Celebrates 100th

The dining room at Mercy Care Center in Nanticoke, Pennsylvania was buzzing with activity. It was Saturday, March 25th and one of the guests, Catherine Kizis Kvetkas was marking a very special occasion. Mrs. Kvetkas was celebrating her 100th birthday!

All the members of her family turned out for the occasion. Children, grandchildren and great-grandchildren were there. The guests at Mercy Care Center joined in with some coming in wheelchairs and with walkers. There was plenty of cake and ice-cream for all and everyone had a great time.

The daughter of the late Kazimer and Anna Kizis, she is the sole survivor of a family of 12 children, seven boys and five girls.

Catherine was her own housekeeper until recently when she suffered a fall and is now being cared for at Mercy Center.

Her son, William, lives in Annapolis, Maryland and a daughter, Elaine Mulcahy, resides in Morris Plains, New Jersey.

Catherine is an accomplished

pianist having studied at the Scranton Music Academy, Scranton, PA. At one time, she worked for the Lithuanian Relief Association of New York.

Her husband, William Kvetkas, died August 22, 1980. He was very active with the Alliance and held several offices and positions on the board.

He served as a Trustee from 1924 to 1934 when he was elected Treasurer, an office he held until 1938. In 1938, he was voted into the office of Supreme Secretary continuing in that capacity until his resignation on April 23, 1970.

Catherine's father, Kazimer Kizis, established one of the first undertaker parlors in the city of Pittston, PA.

A Kizis Funeral Home is still a part of the Pittston landscape and is managed by Rosalie Kizis, niece of Mrs. Kvetkas, and wife of the late Casimir Kizis whose father was a brother to our 100th birthday celebrity.

Rosanne Walkavage, Wyoming, PA, former office employee is also a niece of Mrs. Kvetkas whom she and Rosalie fondly refer to as "Aunt Kitty."

Boxing Association Honors Liscosky

Secretary of the Board, Charles Liscosky, will be inducted into the Wyoming Valley Chapter of the Boxing Hall of



relatives he would like to see them all if they could possibly make the trip to Ohio.

The letter is very touching and for those who know Mr. Shepard, a call to Betty would give you information on where and when you could visit with him.

Fame on Friday, May 19 at Genetti's Best Western Hotel in Wilkes-Barre, PA.

A renowned trainer and corner man in the 1940's and 1950's, Liscosky was considered one of the area's top trainers in his day.

He was trainer for present Hall of Fame members Buddy Rush, Chuckie Bloss, Bill Smith, Bobby Claus, Bob Kadalac, Butch Powell, Bill Padavone, Tony Scaracino, Joe Salci and brothers Bill and Harry Garret.

He operated the Newtown Boys Club along with Joe Rodano for several years before moving it to South Main Street in Wilkes-Barre.

Lithuanian Easter Customs of Years Gone By

The word for Easter, Velykos, has been borrowed from Belyorussian and means "important day." The word is very accurate because Easter was the year's most solemn feast in Lithuania. Easter is not only the feast of Christ's Resurrection, but also nature's awakening from winter's sleep.

The early Eastern morn, just before dawn, abounds with magical power. Much of this magic is concentrated in flowing water. Bathing in such water before sunrise prevents all boils, sores, rashes and other skin ailments. If it rains on Easter morning, it is necessary to stand bareheaded in the rain to ensure good growth. Small children who wanted to grow quickly were reminded of this.

As the sun rises on Easter morning, it "dances" swaying from side to side and changing color: from green to blue, to red and then golden yellow. This phenomenon can be seen by rising before dawn and watching for the sun's first appearance on the horizon.

Everyone went to the Resurrection Services. If on the way you passed a woman, you'll have an accident. To avoid

calamity, it was necessary to turn around, return home and then take another road to church.

In Lithuania, the Easter morning procession was usually conducted around the church. It was very solemn: church flags were held high, girls strewed flowers, the choir and all the people sang, alternating with a brass band, and the church bells pealed loudly. Three turns were made while singing the Lithuanians' favorite Easter Hymn, Linksmediena mumsprasvito (A Happy Day Has Dawned For Us). After the services, a blessing was made over the Easter food which was arranged in baskets decorated with greens and placed on the altar rails.

At the conclusion of the liturgy in church, the people hurried home. In fact, all large and small roads, every path was the scene of races: whoever arrived home first would be successful all year and would complete all work on time. Even persons walking tried to pass those ahead and reach home first. It is not surprising that accidents happened during such races.

Perhaps that is why it was said that a woman met on the road

brings disaster (someone had to be blamed!)

At home, Easter breakfast was eaten. The meal began when the homemaker peeled a blest Easter Egg, cut it and gave a piece to every member of the family. This was done so that peace and love would always reign within the family and everyone would live in harmony. Afterwards, a variety of other dishes was consumed: meat, sausages, cakes. On Easter, it was necessary to eat well and to satiety, to "recover from Lent" because of the fast all through Lent. If the area had poor families with no Easter food, their neighbors shared what they had and brought the disadvantaged families everything they need to be satisfied and happy.

Children hunted for hidden Easter eggs left them by the Velyku Senele (Easter Granny) or Velyke. Bunnies who painted Easter eggs were also a familiar fixture, but they were only helpers for the Velyku Senele. Very early Easter morning, they loaded Easter eggs into a beautiful little cart pulled by a tiny swift horse. The Velyku Senele used a sunbeam as a whip. Sometimes the bunnies them-

selves pulled the cart laden with Easter eggs.

The Easter Granny travels around the country, stopping in every child's yard to leave eggs in baskets placed or hung for that purpose. When they awake, good children find beautifully decorated Easter eggs (and in more recent times, even sweets). Bad children only find a single plain completely white egg. If this happens, the child is disgraced. His friends and family laugh at him. Sometimes bunnies accompany the Granny and help her distribute the Easter eggs. They are kept busy not only before Easter and on Easter day, but all year round baking cookies for children. When parents leave their children behind, they promise to bring them a gift, bunny cookies. Upon their return, they tell the children a tale about seeing a bunny taking cookies from her oven and she gives them some to taste. The parent then pulls out the cookies brought home and gave them to the anxious children.

Taken from "Lithuanian Customs and Traditions"



photocopies of the article and enclosed it with the Thank You notes. Some asked me, "what are Bleenies?"

One Baltimore relative said the "Bleenie" mention caused her to resurrect her recipe and she made them for Sunday night supper for her family.

Thank you, Julia, for the additional personal compliments which I will share only with little me.

ALLELUIA

Sincere gratitude for the many kind letters received from readers who enjoy the articles in Garsas.

Garsas is read all over the United States, Canada, Hawaii and many of our Lithuanian friends send copies to their relatives and friends in Lithuania.

Several of our subscribers have joined the Alliance family or have purchased policies for their grandchildren. Last week I mailed an application to one of our subscribers who wishes to purchase a \$10,000 Life Paid Up at 80 Policy after reading about the various policies we carry.

Subscriber Frank Paran of Rockville, MD writes: "My sister

and I, Anna Milewski, also a subscriber, enjoy your many articles. How do you find time to do them all!! We find the news items about Lithuania, the homeland of our parents, very interesting, and the recipes remind us of our mother's cooking and baking."

Mr. Paran sent us a lovely poem written by his sister Anna. The poem expresses Anna's thoughts about their mother when he and his sister were children living in a coal-mining town in Illinois. Frank says sometimes the mines operated

as little as one or two days a week so many of the miners' families had chickens, ducks, geese, and a few cows and pigs to make ends meet.

Anna expresses herself with genuine simplicity. The poem is on page 5. Thanks for sharing it with us.

Julia Bendock wrote to thank us for the article about her 100th birthday celebrated in February. Her lovely letter noted how much family and friends attending her two-day celebrations enjoyed the article.

"My daughter, Margaret, made

We Get Letters

SAUERKRAUT SOUP*Kopustu Sriuba*

- 3 lbs. spare ribs
- 1 large onion
- 2 bay leaves
- 1 tsp. salt
- 5-6 peppercorns
- 3 qts. water
- 1 No. 2 can sauerkraut
- 1/2 head small cabbage, shredded

Boil ribs in water with sliced onion, salt, bay leaves and peppers for one hour. Add rinsed kraut. Boil 1/2 hour. Add cabbage, boil 15 minutes longer. Ribs may be removed and served separately, or the meat cut into pieces and placed in the soup. Serve with rye bread or hot boiled potatoes.

(Be careful to remove bay leaves. They should never be eaten).

HORSERADISH*Krienai*

Peel and grate fresh horseradish roots (in open air, if possible, to prevent "crying"). To two cups grated horseradish, add two tbsps. sugar and 1/2 cup vinegar. Put into jar. Sprinkle top with sugar, then cover with slice of dark rye bread. Cover container tightly. For color, grate raw beet into horseradish, or add beet juice.

Recipes

CABBAGE MEAT PIE*Plauciu Kepsnys*

- Pastry for 9" pie
- 1 medium cabbage
- 1 onion
- 1/4 lb. butter
- 1 cup left over beef or veal ground or 1 medium beef lung, boiled and ground
- Nutmeg
- Salt, pepper
- 1 small can mushrooms, drained and chopped
- 2 hard-boiled eggs

Chop onion, saute in butter. Add shredded cabbage, salt to taste. Cook on low flame until cabbage is tender - about 20 minutes. Season ground meat with nutmeg, salt and pepper.

Add meat, chopped eggs, and mushrooms to cabbage. Cook about 5 minutes. Line greased pie pan with pastry dough. Spoon in cabbage and meat mixture. Cover with pastry dough. Bake in 400 degree oven for 25 to 30 minutes, until top is brown.

APPLES BAKED WITH PRUNES AND HONEY*Obuoliai Kepti Su Slyvom*

- 6 firm, tart, apples cored
- 12 pre-soaked or ready to eat prunes, pitted

- 6 tbsps. honey
- 1/2 tsp. cinnamon
- Water

Place apples in oven-proof shallow dish. Into the cavity of each apple put two moist prunes and one tablespoon honey.

Sprinkle with cinnamon. Add water to cover bottom of dish, about 1/2 inch deep. Bake in pre-heated oven at 375 degrees for one hour, or until apples are tender. These are good served hot or cold.

NUT BREAD*Riesutu Ragaisis*

- 1 cup chopped fresh nuts (walnuts, hazelnuts or filberts)
- 1/2 cup poppy seed
- 1/2 cup vegetable oil
- 2 cakes yeast
- 2 tbsps. sugar
- 4 cups (or more) flour
- 1 tbsps. salt
- 3 cups lukewarm water

Rinse poppy seeds in hot water. Dissolve yeast in one cup of the lukewarm water, stir into one cup of sifted flour. Set in warm place to rise. Mix in nuts, poppy seeds, sugar, salt and oil. Alternately and gradually add remaining sifted flour and wa-

ter. Knead until smooth. Form into loaves. Place in loaf pans, let rise again. Bake at 375 for about an hour.

LITHUANIAN HASH*Zemaitiskas Siupins*

- 1/2 cup dried fava beans (pupos)
- 1/2 cup dried whole peas
- 1/2 cup barley groats or pearl barley
- 2 lbs. fresh pork with bone
- 2 potatoes
- (Pieces of smoked shoulder, ham butt, or daisy ham may be added for flavor)

Soak beans, peas and groats overnight. Add meat. Pour on more water to cover meat. Bring to boil. Simmer until meat is tender adding more water if necessary. Remove meat. Grate peeled potatoes, gradually add to bean mixture, stirring constantly. Cook 1/2 hour longer stirring frequently to prevent scorching. Consistency must be thick, not watery. Meat may be cut up and added to hash, or served separately.

Today's recipes from "Popular Lithuanian Recipes"



Kitchen Tips

Mayonnaise to the rescue - The other day I was in the middle of mixing cake batter when I discovered I had only one egg and the recipe called for two. After checking my cookbook substitutions, I found that I could add two tablespoons of mayonnaise to the cake batter as a substitute for the missing egg.

The cake turned out great, and my husband said he could not taste any difference.

Use a pizza cutter to slice loaf cakes or bar cookies into nice, smooth squares.

Little known tip: Bay leaves are great flavor enhancers but they should always be removed when cooking is finished. They are never to be eaten.

Greasing cookie sheets causes cookies to spread too much.

Grease clog your drain? Pour one cup of salt and one cup of baking soda into the drain and follow with a tea-kettle of boiling water.

Tarnish will disappear from copper pots when rubbed with catsup or Worcestershire sauce.

A simple treatment for spilled wine on that pretty white tablecloth. While the stain is still wet, cover it with a mound of ordinary table salt; when dry, just brush away. The salt will absorb the wine so completely you won't even have to wash the cloth.

Tired of cleaning the stove of spattered grease spots after frying foods? Place your metal colander upside down over the skillet when frying. The steam escapes but the grease won't spatter.

When you purchase Pizza in the supermarket, save the cardboard under the pizza and when you bake a cake for a bake sale or to give to a friend, cover the cardboard with aluminum foil and use as a cake plate.

To test an egg for freshness, immerse in a pan of cool, salted water. If it sinks to the bottom, it is fresh. If it rises to the surface, throw it away.

happy
easter

LITHUANIAN HISTORY/HERITAGE BOOKS

(Available to Members Only)

- Lithuanian Self-Taught
by M. Variakojyle - Inkeniene (Essentials of Lithuanian for travel and enjoyment).....\$6.00
- Popular Lithuanian Recipes
by Josephine Dauzvardas\$8.50
- Lithuanian/English Dictionary
by B. Piesarskas and B. Svecevicious (about 27,000 words).....\$15.00
- English/Lithuanian Dictionary
(30,000 words by V. Baravykas).....\$15.00
- Introduction to Modern Lithuanian
(Forty lessons for the teacher or the self-teacher)
by Dambriunas, Klimas and Schmalsteig.....\$25.00
- Simas (The Story of Simas Kudirka)
by Jurgis Gliuda (Translated by Kestutis Ciziunas and J. Zemkalnis).....\$3.50
- Lithuanians in America
by Dr. Antanas Kucas, (translated by Joseph Boley)\$12.50
- The Brothers Domeika
by Liudas Dovydenas, (translated by Milton Stark.).....\$3.50
- Vytautas the Great - Grand Duke of Lithuania
by Dr. Joseph B. Koncius. (The life and times of Lithuania's most famous ruler).....\$5.00
- Praise the Lord, All You Nations
(A religious, social and cultural history of Lithuania)
by Sister Virginia Marie Vytell.....\$9.00
- Lithuanian Cookery
by Izabele Sinkeviciute (328 pages).....\$15.00
- Lithuanian Customs and Traditions
by Danute Brazyte Bindokiene.....\$16.50

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Lithuanian Catholic Alliance and mail to:
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Obituaries

<p>O'BELL, Charles T.....Lodge 8 612 N. Spruce St. Cherokee, KA 66724 Died: 3/16/95 Buried: 3/20/95 Highland Park Catholic Cemetery Pittsburgh, Kansas</p>	<p>KOSHIS, Stanley C..Lodge 222 17 Cherry St. Ansonia, CT Died: 3/8/95 Buried: 3/12/95 Mt. St. Peter Cemetery Derby, CT</p>
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