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1995 L.C.A. Convention Year!

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Remember the good time we had in Atlantic City at our last Convention? Well, get ready for another great time because 1995 is the year we gather together for our Tri-Annual Convention!

President Thomas Mack is busy checking out the location and just as soon as a final decision is made, all details will be published in the Garsas.

In the meantime, get busy sponsoring new members to be added to the Lithuanian Catholic Alliance family. We're looking forward to having a banner year for memberships in 1995 topping all past figures.

Our confidence for a most successful year lies in you, our satisfied family of insured and also in our four major policies that offer something suited to each person's personal needs.

Select the one that best suits the individual applicant from those listed on this page and fill in the coupon on page 6 and we will do the rest.

New Members are the life-line of our century-old organization. Founded in 1886, it is understandable that we are losing many of our old-timers each year and we must find replacements in order to continue to serve you as we have been doing for over a century.

Where will those new members come from? Our fraternal family of course; your children,

grandchildren, friends and relatives. One of our very active sponsors, Trustee George Sadauckas, who is also Secretary of Lodge 155, keeps L.C.A. alive wherever he goes. George has calendars, pencils, date books, etc. inscribed with L.C.A. and his name. He passes these out when he attends social or sports functions, when shopping, attending meetings and

after church. He never travels without his little L.C.A. give-aways in his pocket - always ready to interest a potential member. With just ten members like George, we could recoup our lost membership in less than one year.

Forget the old saying, "leave it to George" and join him instead. Be the "little engine that could."

Sample of policies below. More information on page 6.

Happy New Year

Classes of Policies

Life Paid Up at Age 80: This is low-cost life insurance which is fully paid up when the insured reaches the anniversary nearest age 80 years.

20 Payment Life: Premiums are paid for 20 full years after which further payment of premiums cease and policy is fully paid up. It is retained by the insured and the amount of life insurance is paid to the beneficiary at the time of death. If death occurs during the 20 year period, benefits are paid to the named beneficiary.

20 Year Endowment: This plan combines life insurance with savings. If the insured dies within 20 years of the date of issue of the policy the face amount is paid to the beneficiary named. If payment of premium is made on the policy for 20 full years the face amount is paid to the insured on the date of maturity after which time the life insurance benefits cease.

Single Premium Life: This policy does away with monthly premium payments. Pay only One Premium, receive full protection and your policy is Fully Paid Up.

Florence Eckert ..." One For The Road"

When I first arrived it was beautiful! The women were visions of loveliness in their evening dresses and pant suits that undoubtedly had required many hours of selecting before they were finally chosen. Fashionable hair styles and just the right pieces of jewelry gave them the appearance of having stepped from the pages of Vogue Magazine.

The men, tall and straight in their black tie outfits complimented their lovely ladies in both appearance and mannerisms. Excusing themselves most politely from the small friendly circle of guests, each would take his turn to go to the bar and return with drinks for the ladies. How daintily the women held their cocktail glasses as they sipped those first drinks which lasted every bit of the first hour of the evening.

The orchestra music was soft and dreamy with waltzes, chacha's, fox trots and tangos, mixing in an occasional twist and rock and roll number.

The lovely affair was being held in one of the town's more plush hotels, and everyone who was "anyone" was there.

Dainty little Cornish Game Hens made up the main part of the sit-down dinner and red and green whipped frozen jello served in delicate stemware added the festive touch. Table talk was quiet and in good taste. All in all, this appeared to be one of the more fashionable social events of the year.

The Society Editor of the town newspaper was there photographing the well-known socialites in the lovely setting and these pictures would appear in the morning edition the next day.

Then it happens!! The transformation is not sudden -- It's a slowly evolving process. Those who have the best seats to view the scene are the men in the band. From their vantage point on the stage they have watched the lovely couples enter, sip their first drink, make with the polite conversation, take the familiar path to the bar over and over again, and gradually transform from polite socialites to "midnight monkeys."

If anyone behaved in this manner early in the evening when the guests had just arrived and all were "cold sober." that person would have been asked to What then, makes it so leave. acceptable at this time? If another woman had walked up and smeared your husband with her lipstick at 9:00 o'clock, you would probably have slapped her face. What makes it acceptable now? If that playboy had told that off-color joke in front of your wife in the early part of the evening, you undoubtedly would have put him in his place. Why are you laughing with him now? If the man seated next to you slithered off the dance floor with your wife in his arms and guided her out to the terrace a few hours ago, you would have been right after him -- and her. How come you're ignoring them now?

Is this the same party you came to at 8:00 p.m.? Are these the same people? What has happened between then and now? The lovely dresses are crumpled and the hair styles drooping. There's loud, cheap laughter as the "ladies" tipsy to the bar for their own cocktails. The black ties are open and lipstick smears adorn the cheeks of the once dignified men of the group. The waltz and fox-trot are replaced by loud rock numbers, as the dainty socialites wiggle all over the floor like a harem of unleashed belly-dancers or go-go girls.

What happened to the photographer? Get him back quick! These pictures would really sell papers!

Where is the dainty hand that was holding that one cocktail sipped on for over an hour? How come the conversation now goes. "Hey Joe -- how the hell are ya?" "Plant one here Emily." What happened to, "Good evening Joe, It's good to see you again Emily?"

Anyone who says liquor doesn't affect the brain should sit on the bandstand on Holidays like Christmas, New Year or some of the other special events and watch the merrymakers undergo their transformation.

Still photographs or home videos concentrated on one or two couples would be an enlightening experience for future viewing by the principal characters.

When the band announces it last number, the call goes out for "One For The Road!" As you look at the "midnight monkeys" they appear as if they won't even be able to find the road. For those who will seat themselves behind the wheel the One For The Road should have been the one consumed in the beginning of the evening.

If the magic in the glass was able to make this dramatic transformation of human beings in the ballroom, just imagine what it has done to the guy who has to operate that high-powered hunk of machinery that brought him here and is waiting to take him home.

On New Year's Eve, or any other special celebration, think about the One For The Road early in the evening if you have the responsibility of driving home. It could save your life, the lives of your loved ones and those of someone else.

It's not too late to make a New Year's resolution and I did say that singularly. Too often we rattle off a bunch of resolutions and wind up breaking most of them.

My little "pea-brain" can only concentrate on one good, solid promise if I intend to keep it. My one for the road will be to correct a fault or perfect a good habit. Whatever I choose to work on, it will be for the 1995 road ahead of me. It will be my "One For The Road!" Happy New Year to you all.

!Notice!

Starting January 1, 1995 there will be an increase in the prices charged for mailing books to our members due to the increase imposed by the United States Postal Service.

All orders received after

January 1, 1995 will be filled at the new rates which should be published in the February issue of Garsas.

We request that you do not send any book orders before the new price list is published.

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Greetings from Bishop Baltakis

The following greeting from Bishop Baltakis arrived too late to be included in the Christmas issue. Bishop Paul A. Baltakis is the Bishop for the Spiritual Assistance of Lithuanian Catholics living outside of Lithuania.

In today's world, we feel little of the love Christ brought, we long for the Glory to God and Peace to Men the angels proclaimed on that first Christmas night. Yet we celebrate Christ's birthday with joy and renewed hope.

On this "Glory to God and Peace to Men" celebration, we wonder why there is still so much hatred and injustice in the world two thousand years after Christ manifested so much love for man?

The answer can be found in the Bible: "God is love" (John 4:8), and love is freedom.

God never coerces anyone. He simply offers an invitation. "I am placing life and death before you. Choose life," spoke the Lord when he handed down the Ten Commandments for an orderly and happy life.

God's son came to save the world not in majesty but as a helpless child, so that every person can accept or reject him without fear and freely. Christ says: "I have been standing at the door and knocking, if anyone hears my voice and opens the door, I will come in and sup with him and he with me" (Revelation 3:20). The door to the soul can only be opened from within. Only we can allow

Christ into our life.

Christianity is not an inherited treasure. Every individual must make a conscious effort to accept Christ as his or her Savior and Lord. Just as Christ came into the world on that first Christmas night, so today He enters our lives as a helpless child needing love, nurturing and protection in order to grow, mature and spread his love, his truth and his light through us. The question as to why there is so little "Glory to God and Peace to Men" in the world two thousand years later is answered by the latest social research data. Eighty-five percent of Americans consider themselves Christians, but only 45% think they have assumed any obligations through Baptism. Fiftytwo million American Catholics receive Holy Communion, but only 30% believe Christ's extraordinary statement: "In truth I tell you, my body is the true food and my blood is the true drink." (John 6:53-55)

Every year we celebrate Christ's birth with renewed joy and hope because we believe that God's son, as Emanuel-God With Us - has not forsaken the world and that more and more people consciously choose Christ as their "Way, Light and Life."

I wish everyone a joyous and hope-filled Christmas and a Blessed New 1995 Year!

Paul A. Baltakis, D.D., O.F.M. (Bishop Baltakis commemorated his 10th anniversary as Bishop on September 14, in Brooklyn, New York.)

Deaths Exceed Births in Lithuania

The Statistics Department announced that during the first eight months of 1994 there were 31,735 deaths reported in Lithuania and 29,665 births. This was reported by Radio Lithuania on November 3.

Since 1990, the number of

births and marriages each year has been decreasing while the number of deaths is increasing. In 1993, births exceeded deaths by only 620. In the first eight months of 1994, the number of emigrants exceeded immigrants by more than 1,700.



The Pennsylvania Northeast Fraternals held their Christmas Party at the Carriage Stop located on the East End Blvd. in Wilkes-Barre, PA Lithuanian Catholic Alliance members in attendance took time to pose for the photographer. Standing from left are, Rosalie Kizis, trustee; Florence Eckert, Garsas editor; George Sadauckas, trustee; and Patricia Weiksner, home office secretary.

News Briefs

On October 4, the Church of St. Francis and St. Bernardine in Vilnius was reconsecrated and returned to the Franciscans.

CHITTE OF LOS CORNER

A majority of members of Lithuania's parliament think the process of returning Church property must be halted until laws are passed governing the method of how property is to be returned and damage compensated. The Lithuanian Bishops' Conference has repeatedly petitioned the government to promptly return Church property confiscated by the Communist Government.

Religious education classes in Lithuanian schools, taught by 1,827 teachers, enrolled 330,300 school children during the 1993-94 schoolstic year. Ten Catholic High Schools, two elementary schools and 12 pre-schools were in operation. Forty-seven religious instruction teachers have

earned advanced teaching degrees. The Bishops' Conference has determined that Lithuania still needs 200 additional religion teachers.

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The Resurrection parish in Toronto held a fund-raising dinner on October 16 called "Support the Hungry in Lithuania." The event was attended by Bishop Paul Baltakis, OFM and Bishop Juozas Preiksas from Panevezys and Rev. Saulius Filipavicius, pastor of Troskunai who were visiting from Lithuania. They had also attended the annual meeting of the Lithuanian Priest's League in Putnam, CT on October 10-11.

A second soup kitchen for indigent Lithuanians has begun to operate in Vilnius, founded by the archdiocesan chapter of "Caritas." The facility is capable of serving up to 100 meals a day.

Police Expel Praying Women From Church So Feminists Can Meet

Church and expelled a group of women praying the Rosary. It was reported in the November 17, 1994 edition of the Catholic weekly, The Wanderer, that on First Friday, November 4, 1994, fifteen Catholic women were praying the Sorrowful Mysteries of the Rosary in St. James Catholic Church in Falls Church, Virginia when they were forcibly removed by police and sheriff's officers to make way for a feminist political action group who were waiting to proceed with their ritual celebrating World Community Day.

According to the article, the parish school, Sr. Janet police action was requested by I.H.M., after other chur the pastor of St. James, Msgr. R. the area had denied CWU Roy Cosby who is also Vicar of their parish premises.

Police entered a Catholic General for the Diocese of hurch and expelled a group of Arlington.

When threatened with arrest, most of the women left but some had to be forcibly removed. The report notes two women were dragged out by a pair of officers while another had her arm twisted behind her back by a policeman as he shoved her out.

The regularly scheduled First Friday Holy Hour was canceled to make room for Church Women United (CWU) the title of the feminist group.

According to the article, CWU was invited to hold its session at St. James by the principal of the parish school, Sr. Janet Regina, I.H.M., after other churches in the area had denied CWU the use of their parish premises.

The president of the Women of St. James, a parish group representing all the women of the parish, furnished the pastor with literature which linked the CWU to goddess-worship and pro-abortion political action. The Parish women's president, Millie Melmer was told by the pastor that the meeting would be changed to the cafeteria.

According to the Wanderer, it appeared Sr. Janet persuaded the Msgr. to change his mind and he told Melmer he was giving permission for the ritual to be held in the church. Melmer immediately resigned her position.

It was reported that there were at least 15 law officers inside the church and more guarding the entrance. The church is next door to an abortion clinic that was once a nursery owned by the parish. One woman who was being dragged out by police told the officers there was murder taking place in the abortion clinic next door and she was being arrested for praying. She wondered if she was dreaming? Was this the United States or the Soviet Union?

After the women were removed by the police, Msgr. Cosby welcomed the CWU gathering and apologized for the inconvenience caused by the pro-lifers.

The ritual then proceeded and at the close, Msgr. Cosby gave the women his blessing and the women proceeded to Sr. Janet's convent for a reception.

Security Tightened At Lithuanian Nuclear Power Plant

Responding to a request for assistance in checking the safety of the Ignalina nuclear power station, seven Swedish experts, headed by Swedish nuclear inspectorate director, Jan Nistad, arrived in Lithuania on November 13. The request was prompted by the arrest of a Lithuanian in Stockholm for threatening to blow up the plant if Sweden did not pay a \$1 million ransom and by a German ministry warning-based on information it had received that the plant might be attacked in revenge for the death sentence recently passed on the mafia

boss Boris Kekanidze.

Security at Ignalina had been tightened after the terrorist explosion of a railroad bridge on November 6. Povilas Vaisnys, head of Lithuanian nuclear power safety inspection, told Radio Lithuania that the examination of the first of the two reactors, shut down November 14 had been completed and nothing dangerous had been found. The second reactor was still being examined. Since the plant was closed, Lithuania has received additional electricity supplies from Russia and Estonia.

RFE/RL

Lithuania's President Unhappy With CSCE Summit Conference

Lithuania's President Algirdas Brazauskas held a press conference on December 9, following his return from a Conference held by the Commission on Security and Cooperation in Easter Europe (CSCE) held in Budapest, Hungary. Speaking in Vilnius, Brazauskas said he was a "little" disappointed that no decision on Bosnia/Herzegovina was made at CSCE's world security summit.

Mr. Brazauskas said he doubts whether the "principle of consensus" is always suitable. "When one side supports the Muslims, and the other side, the Serbs, how can there be a consensus?" he asked.

He called on the international organizations to find out how the two sides engaged in this war are getting so many modern and expensive weapons. He noted that he sometimes thinks how costly it would be for Lithuania to purchase such armaments.

Brazauskas was disappointed that no mention was made about this problem and noted there were even proposals to lift the arms embargo. "If international organizations paid more attention to determining the sources and put a stop, those conflicts would not be as cruel to people and nations," he said.

Referring to differences between Russia and the United States on NATO expansion, Mr. Brazauskas said he does not think there is a crisis or confrontation. In his words, there are differences and "it would be strange if leaders of different states would talk in unison." Algirdas Brazauskas noted Bill Clinton talked about the possibility of NATO's expansion Eastward while Boris Yeltsin called the process unacceptable to Russia. Brazauskas pointed out that the position taken by Yeltsin would in no way slow down Lithuania's integration into European structures.

Mr. Brazauskas said Lithuania received conclusions from CSCE experts regarding its military transit rules. He said Lithuania would welcome a decision from CSCE to monitor military transit through Lithuania.

Lithuanian Sentenced for Coup Attempt

The Lithuanian Supreme Court on December 2, 1994 sentenced General Ginutis Taurinskas former head of the Lithuanian Voluntary Society for Cooperation with the Army, Air Force, and Navy, to two-and-a-half years in prison, a 200 litai (\$50) fine, and confiscation of property. BNS reported

Taurinkas had been accused of attempting to overthrow the Lithuanian government in January 1991 and of participation in the seizure of several buildings with the assistance of Soviet troops. As he was arrested in September 1993, he has already served almost half his term.

RFE/RL

ABN

Lithuanian Women Celebrate Christmas

Lithuanian Women's Club of Wyoming Valley held their Christmas Party at the Knights of Columbus Hall in Luzerne.

President Nellie Bayoras Romanos introduced the newly elected officers and special guests, Sister Amadeus, CJC, and Sister Michael Marie, CJC, of St. Mary's Villa Nursing Home in Elmhurst, PA. She presented the two Sisters with a gift and also a check to benefit the nursing home.

Chairperson Tillie Kader was assisted by Agnes Kelly, Ann Marie Morgan and Eva Savellino. The exchange gifts were handed out by Lenore Rosencrans assisted by Marie Lauck.

Lenore Rosencrans and Alyce Larsen will be in charge of the Annual Spring Banquet.



Seated from left, Sister Amadeus, CJC; Nellie Bayoras Romanos, president; Tillie Kader, chairperson; Sister Michael Marie, CJC; Ann Yeager, treasurer. Standing from left, Agnes Kelly, table decorations; Marie

Laucks, gifts; Alice Grisconis, secretary; Dorothy Banos, financial secretary; Eva Savellino, favors; Anna C. Stranch, vicepresident and Lenore Rosencrans, gifts.

Lithuanian Catholics Under the Russian Government

Many Lithuanians still live in Siberia and other areas ruled by Russia. Life is hard in Siberia and rarely does the ministry of the Catholic church reach them. Because it is unlikely they will ever return to Lithuania, many former Siberian exiles have settled in the Russian occupied Kalingrad district and it is estimated that close to 40,000 live there.

In his 1994 travels, Bishop Paul Baltakis, OFM, visited Lithuanians who reside in Kalingrad, Tilsit and other areas of former East Prussia.

The only remaining Catholic Church in the city of Kalingrad has yet to be returned to the faithful who use a prefabricated chapel donated by the bishops of Germany. Some 3,000 Lithuanians live in the area, and despite difficult conditions, an active Lithuanian Community organization and three Lithuanian schools are in opera-

tion. Help from Lithuania and overseas is much needed.

Tilsit has a population of some 2,800 Lithuanians who are in the process of rebuilding the only Catholic Church to be worked on in the Kalingrad district in the last 45 years. Construction Resurrection Church is slow for lack of funds, while the Russian authorities and the Russian Orthodox Church continue infringing upon the rights of Catholics by not allowing Catholic parishes to be reestablished. Expatriate Lithuanians who would like to help rebuild the Tilsit Church may send donations through the Lithuanian Catholic Religious Aid, 351 Highland Blvd., Brooklyn, NY 11207. Donations are tax deductible.

Father Anupras Gauronskas from the Diocese of Telsai is the only priest available to serve the needs of all the Lithuanian Catholics in the area. He has requested and hopes to receive help from the Lithuanian government, the Church in Lithuania and expatriate Lithuanians.

On his visit to St. Petersburg (former Leningrad), Bishop Baltakis found some 2,000 Lithuanians living there, some of them also former Siberian ex-St. Petersburg has a Lithuanian Cultural Society, a Lithuanian Community organization and a Lithuanian school. The French Embassy building houses the only Catholic church which is served by three priests: a Pole, a Latvian, and a Byelorussian. The economic situation of Lithuanians living there is difficult as is the opportunity to practice their faith. They ask that a Lithuanian priest be sent to visit them at

least a few times a year.

Television and the Family

In connection with the "Year of the Family," Pope John Paul II has appealed to television industry leaders, government officials and the religious and lay communities to focus attention on the influence television programming has on family life.

On Social Communications Day, the Holy Father suggested that television programers reject programs that demean spiritual values and underscored their responsibility to champion goodness and truth and help the family fend off negative influences. In his speech, "Television and the Family" the Pope also entreated parents to teach their children how to select programs that advance moral and religious values. Television has become a substitute parent, but the family remains the primary foundation of childrearing. It is thus untenable for television to disrupt the parent-child relationship.

St. Joseph's Lithuanian Parish Celebrates Centennial



Monsignor Peter P. Madus. V.F., Pastor, confers with Monsignor Michael C. Ozalas, Pastor Emeritus (right) as dinner festivities get underway.

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Parishioners of St. Joseph's Lithuanian Parish, 1600 North Main Avenue, Scranton, PA culminated their Centennial Year with a Pontifical Mass of Thanksgiving on November 6, 1994. Bishop James C. Timlin, D.D., was principal celebrant and Bishop Paul A. Baltakis, D.D., O.F.M., Bishop for the Spiritual Assistance Lithuanian Catholics Living Outside of Lithuania was concelebrant.

A jubilant procession of twenty-three other priests and local ministers wound its way into a church filled with parishioners, former parishioners, school graduates, religious sisters, neighbors, and friends from near and far.

Tourse sittle a sitter are

More than 500 people attended the Centennial Dinner which was held at Fiorelli's in Peckville. It was a day of singing, praying, dancing, laughing and reminiscing for all who gathered to thank God for ten decades of grace and blessing, while remembering so many loved ones who had stood with them in the faith down through a whole century of time.

A special guest at the celebration was Mr. Joseph Muskett, who was baptized at Saint Joseph's in 1906. Mr. Muskett participated in the 25th, 50th and 75th anniversaries of the parish and was privileged to give a few remarks at the 100th anniversary of his parish.

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MR. JOSEPH MUSKETT

Welcome New Subscribers

be receiving their issues of GARSAS in 1995.

One of those subscribers, Mr. Anthony Sutherland of Harrisburg, PA has become a member of the Lithuanian Catholic Alliance and will now receive his copy of Garsas free of charge.

We extend the welcome mat to all our subscribers to become a part of the Alliance. Don't be

Sixteen new subscribers will mislead by the name LITHUANIAN Catholic Alliance. We welcome all people regardless of nationality.

> Insurance is our business and we offer several different policies from which to choose.

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Everybody loves success, but they hate successful people.

cess. Madonna is one; Helen off. Keller is the other.

Annoyed with snow sticking to your snow shovel? Before going John McEnroe out to start shoveling, spray that shovel with some furniture pol-Don't confuse fame with suc- ish and the snow will slide right

LIFE is: God's love in action.

Erma Bombeck

Mother Theresa

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☐ Life paid up at age 80 ☐ Single Premium Life Birthdate	-

CREAMED TUNA

- 1 can tuna drained
- 1 can cream of mushroom soup
- 1/2 2/3 can of milk
- 1 tsp. chopped onion
- 1 tblsp. chopped celery leaves
- 1 mashed pimento
- Salt and pepper to taste
- 1 pkg. frozen peas

Cook frozen peas. Put all other ingredients in saucepan, stir over medium heat until soup, etc. is mixed well. Add cooked peas (drained). Simmer for 5 to 10 minutes and serve over five biscuits, toast, macaroni.

SPLIT PEA SOUP

- 1 lb. (2 1/4 c.) green split peas
- 1 meaty ham bone (1 1/2 lbs.)
- 1 1/2 c. sliced onion
- 1 tsp. salt
- 1/2 tsp. pepper
- 1/4 tsp. dried marjoram, crushed
- 1 c. diced celery
- 1 c. diced carrots

Rinse peas, combine with 2 quarts water, ham bone, onion, salt, pepper, and marjoram. Bring to boil, cover, reduce heat, and simmer (don't boil) 1 1/2 hours. Stir occasionally. Remove bone, cut off meat and dice. Return meat to soup, add celery and carrots. Cook slowly, uncovered, 30 to 40 minutes.

HUNGARIAN GOULASH SOUP

- 1 lb. chuck, cut into cubes
- 2 lg. onions diced
- 1/2 medium green pepper diced
- 3 medium potatoes cubed
- 2 med. carrots sliced
- 1/2 tsp. caraway seeds
- 2 tblsp. paprika
- salt to taste

Enough water to cover meat (about 3 cups)

1 med. can crushed tomatoes (2 cups)

Saute onion in 3 tablespoons olive oil. Do not brown. Cook until soft. Add meat, paprika, salt, pepper, tomato, green pepper, caraway seeds, water.

RECIPES

Simmer until almost tender. Add carrots. When carrots are nearly tender, add potatoes, cook until tender.

EASY SCALLOPED POTATOES

- 1 can condensed cream of celery or mushroom soup
- or musiroom soup
- 3/4 cup m;ilk
- Dash of pepper
- 1 small onion diced
- 1 tblsp. butter
- 4 c. thinly sliced potatoes

Dash of paprika

Stir soup, blend in milk and pepper. Arrange alternate layers of potatoes, onion and soup in a 1 1/2 quart casserole. Dot top with butter. Sprinkle with paprika. Cover. Bake at 375 degrees for 1 hour. Uncover. Bake 15 minutes more.

-Kitchen Tips-

When broiling meats place a few slices of dry bread in the broiler pan to soak up dripped fat and reduce chances of fat catching on fire.

Want odorless fresh fish? Rinse with fresh lemon juice and water, then dry thoroughly, wrap and refrigerate. Don't over-cook fish. Ten minutes for each inch of thickness should be plenty.

CHICKEN BREAST WITH HERBS AND SPINACH (FOR ONE)

- 1 skinless, boneless chicken breast
- 2 sprigs fresh dill
- 1 whole scallion
- 2 tomato slices
- 4 spinach leaves washed

Pepper to taste Vegetable spray

Spray fry pan with vegetable spray. Quickly brown chicken breast on both sides. Prepare a square of foil large enough to hold the chicken. Place chicken in foil, top with dill, scallions, tomato and spinach. Sprinkle with pepper. Fold over to form a neat package. Seal edges tightly. Place in baking pan and bake at 350 degrees for 15 to 20 minutes. Serves one.

PORK CHOPS WITH MUSHROOM GRAVY

- 4 to 6 pork chops
- 1 can cream of mushroom soup
- 2 cans water
- salt and pepper
- 1 (4 oz.) can mushrooms Dill weed

Garlic powder

Sprinkle pork chops with salt, pepper, garlic powder, and dill weed. Brown pork chops in fry pan with a little water. Do not use oil.

Keep adding water, as pork chops are drying out. When the chops are nice and brown on both sides, remove them from the pan. Add a can of cream of mushroom soup to 2 cans of water to the drippings in the fry pan. Stir the mixture until the gravy is nice and creamy. Return pork chops to the frying pan and simmer for about 20 minutes or until the chops are cooked. You can add more dill weed while cooking if desired.

-Tips

Brown sugar hardened? Place 1/2 an apple in the package, close tightly, and let set a few hours. Presto - soft brown sugar.

Yolks crumble when slicing hard-boiled eggs? Try wetting the knife before slicing.

HAMBURG CHEESE CASSEROLE

- 1 1/2 lbs. ground meat
- 1 can whole corn, drained
- 1 can peas, drained
- 1 can string beans, drained
- 2 cans tomato soup
- 6 slices American cheese
- 2 cups mashed potatoes

Brown hamburger and drain off fat. Place ground meat, corn, peas, string beans in casserole dish. Pour in tomato soup, undiluted and mix. Place cheese slices over mixed ingredients, cover with mashed potatoes. Bake at 350 degrees for 1/2 hour in 2 quart casserole dish.

NEVER FAIL FUDGE

- 5 c. Domino pure cane granulated sugar
- 1 (13 oz.) can evaporated milk
- 1 stick margarine
- 20-30 marshmallows (regular size not mini)
- 1 tsp. salt
- 1 tsp. vanilla
- 1 (12 oz.) pkg. semi-sweet chocolate chips
- 1 cup chopped nuts (optional)

Combine sugar, milk and margarine and bring to boil over medium heat. Boil rapidly 5 minutes stirring constantly. Remove from heat. Add remaining ingredients and stir until smooth. Pour into buttered 9 x 13 inch cake pan and allow to set. Yields 5 pounds of fudge.

In place of semi-sweet chocolate chips, you can substitute peanut butter, butterscotch or any type you wish.

(Alternate option for chocolate-peanut butter - follow all above directions and add 1 cup peanut butter with chocolate chips and marshmallows after removing from heat.)

Do you have an original Lithuanian recipe? Why not share it with our readers who in turn will be sharing theirs with you.

How about the Polish, Irish, Pennsylvania Dutch, and Italians. We show no favoritism but we can't enjoy your cooking unless you share some of those recipes with us.

Write to: RECIPES
C/O GARSAS
71-73 S. Washington St.
Wilkes-Barre, PA 18701

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Obituaries

KERSNAUSKAS,

Edvardas.....Lodge 142

21451 Lake Shore Blvd.

Euclid, OH 44123-1733

Died: 11/21/94

Buried: 11/25/94

All Souls Cemetery

Chardon, OH

ANUZIS, PetrasLodge 95

7318 S. Whipple St.

Chicago, IL 60629

Died: 4/27/91

Buried: 4/30/91

St. Casimir's Cemetery

Chicago, IL

Abortion stops a beating heart

SALUCKA, Marija...Lodge 137

3520 Packard Pkwy.

Rockford, IL 61101-1849

Died: 11/23/94

Buried: 11/28/94

Calvary Cemetery

Rockford, IL

BRIDZIUS, ELENA..Lodge 308

18212 Hiller Ave.

Cleveland, OH 44119

Died: 10/24/94

Buried: 10/27/94

All Souls Cemetery

Chardon, OH

Sincere sympathy is extended to Ann Tribendis, member of Lodge 28, on the death of her sister, Julia Domant, on November 29, 1994.

Your Attention Please!

Postal rates have increased and this is having a marked effect on the Lithuanian Catholic Alliance.

The money paid to the Post Office for copies of GARSAS that are not delivered due to change of address could be put to better use for our members.

That is why we are once again pleading with our members to please notify us of your change of address just as soon as you have it. Not only will the Alliance save a good amount of money, but you will not miss any issues of the Garsas or any special notices sent out from our offices.

Please help us to pass these savings along to you. ACIU!

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Check your policy (certificate) for the following important points:

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